**The Five Basics of Prayer: TMTPL #9 Handout**

**What is prayer?** The act of delighting in God and communing with Him to express our love, worship, praise, and thanksgiving to Him while participating in the power of the Divine life by the power of the Holy Spirit indwelling us and empowering our prayers.

**Why do we need prayer?** Prayer is God’s gift to us, and it is how we appropriate His grace, wisdom, power, and help in all matters of life and godliness. Prayer is the proper work of the believer because God has willed that there are things that He will only do in response to believing prayer.

1 Timothy 2:1-8 NIV

**2**I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— **2**for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. **3**This is good, and pleases God our Savior, **4**who wants all people to be saved and to come to a knowledge of the truth. **5**For there is one God and one mediator between God and mankind, the man Christ Jesus, **6**who gave himself as a ransom for all people. This has now been witnessed to at the proper time. **7**And for this purpose I was appointed a herald and an apostle—I am telling the truth, I am not lying—and a true and faithful teacher of the Gentiles.

**8**Therefore I want the men everywhere to pray, lifting up holy hands without anger or disputing.

**What are the Five basics of Prayer?** Adoration, Confession, Thanksgiving & Praise, Supplication, and Intercession.

**Adoration:** Psalm 95:1-7 NIV

Come, let us sing for joy to the Lord;  
    let us shout aloud to the Rock of our salvation.  
**2**Let us come before him with thanksgiving  
    and extol him with music and song.

**3**For the Lord is the great God,  
    the great King above all gods.  
**4**In his hand are the depths of the earth,  
    and the mountain peaks belong to him.  
**5**The sea is his, for he made it,  
    and his hands formed the dry land.

**6**Come, let us bow down in worship,  
    let us kneel before the Lord our Maker;  
**7**for he is our God  
    and we are the people of his pasture,  
    the flock under his care.

**Confession:** Proverbs 28:13 NIV

Whoever conceals their sins does not prosper,  
    but the one who confesses and renounces them finds mercy.

**Thanksgiving & Praise:** Psalm 100 NIV

Shout for joy to the Lord, all the earth.  
**2**    Worship the Lord with gladness;  
    come before him with joyful songs.  
**3**Know that the Lord is God.  
    It is he who made us, and we are his[[a](https://www.biblegateway.com/passage/?search=Psalm%20100&version=NIV#fen-NIV-15512a)];  
    we are his people, the sheep of his pasture.

**4**Enter his gates with thanksgiving  
    and his courts with praise;  
    give thanks to him and praise his name.  
**5**For the Lord is good and his love endures forever;  
    his faithfulness continues through all generations.

**Supplication:** 1 Peter 5:6-7 NIV

**6**Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. **7**Cast all your anxiety on him because he cares for you.

**Intercession:** Ezekiel 22:30 NIV

**30**“I looked for someone among them who would build up the wall and stand before me in the gap on behalf of the land so I would not have to destroy it, but I found no one.

Remember: We pray because God is faithful! 1 Thessalonians 5:16-24 NIV

**16**Rejoice always, **17**pray continually, **18**give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

**19**Do not quench the Spirit. **20**Do not treat prophecies with contempt **21**but test them all; hold on to what is good, **22**reject every kind of evil.

**23**May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. **24**The one who calls you is faithful, and he will do it.